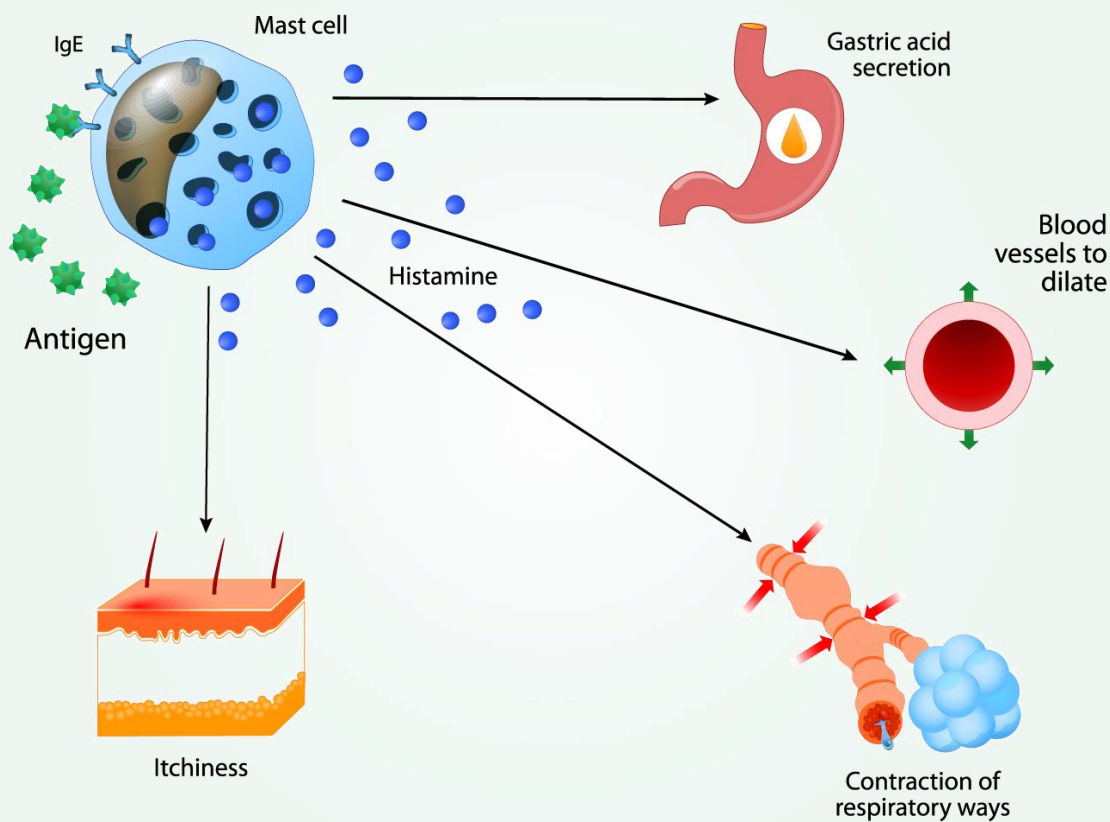


Underlying cause identification of chronic itch



New research throws light on latest approach to identify cause and management of chronic itch

As per recent research, the first step in treatment of chronic itch or pruritis requires identification of the underlying cause. This cause maybe dermatologic or non-dermatologic in nature. Treatment options range from topical treatments such as corticosteroids to systemic such as anti-histamines like hydroxyzine depending on the nature of the itch. Management of chronic itch depends on the underlying etiology that is unearthed through history, physical examination, and supplemental laboratory and image testing. At present, many novel drugs are being developed for the treatment of pruritus. According to researchers deciding on which therapy to be used depends on factors such as severity of itch, patient preference, cost and adverse drug effects.

[Click here](#) to read more

Reference: Rachel Shireen Golpanian, Juan M. Gonzalez, Gil Yosipovitch. Practical Approach for the Diagnosis and Treatment of Chronic Pruritus. The Journal for Nurse Practitioners. 2020;16(8):590-596.

Disclaimer: For the use of a registered medical practitioner or a hospital or a laboratory only.